

## Claims

What is claimed is:

- 5           1.       A method for treating a patient with chronic pain, comprising:  
              providing at least one stimulator having at least two electrodes;  
              implanting the at least one stimulator in or adjacent to at least one area of  
the spine responsible for sensations in a region experiencing chronic pain;  
              providing operating power to the at least one stimulator;  
10           providing stimulation parameters to the at least one stimulator;  
              generating stimulation pulses in accordance with the stimulation  
parameters; and  
              delivering the stimulation pulses to nerves and tissue adjacent to the at  
least two electrodes;  
15           wherein the stimulator has a size and shape suitable for placement in or  
adjacent the at least one area of the spine.
2.       The method of Claim 1 wherein the at least one area of the spine  
comprises one or more of Lissauer's tract, the ventral commissure, and the  
20           spinothalamic tract.
3.       The method of Claim 2 wherein the stimulation pulses are delivered at  
greater than about 100 to 150 Hz.
- 25           4.       The method of Claim 1 wherein the at least one area of the spine  
comprises one or more of a dorsal root, a spinal nerve, and a dorsal column.
5.       The method of Claim 4 wherein the stimulation pulses are delivered at  
less than about 100 to 150 Hz.

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6. The method of Claim 4 wherein the stimulation pulses are delivered at less than about 1-10 mA.

7. The method of Claim 1 wherein the chronic pain is located in one or both arms, and the at least one stimulator is implanted adjacent to at least one nerve fibers of C5, C6, C7, C8, and T1.

8. The method of Claim 1 wherein the chronic pain is located in one or both legs, and the at least one stimulator is implanted adjacent to at least one nerve fibers of L1-L5, S1, and S2.

9. The method of Claim 1 wherein the chronic pain is located in the pelvic region, and the at least one stimulator is implanted adjacent to at least one nerve fibers of T10, T11, T12, L1-L5, and S1-S5.

10. The method of Claim 1 wherein the chronic pain is located in the back, and the at least one stimulator is implanted adjacent to at least one nerve fibers of T1-T12, L1-L5, and S1.

11. The method of Claim 1 wherein the chronic pain is located in the cervical region, and the at least one stimulator is implanted adjacent to at least one nerve fibers of C2, C3, C4, and C5.

12. The method of Claim 1 wherein the chronic pain is located in the head/neck region, and the at least one stimulator is implanted adjacent to at least one nerve fibers of C1-C8.

13. The method of Claim 1 further comprising:  
providing at least one sensor;

using the at least one sensor to sense at least one physical condition; and

determining the stimulation parameters based upon the at least one sensed condition.

14. The method of Claim 1 wherein providing stimulation parameters  
5 comprises receiving the stimulation parameters from at least one external appliance.

15. The method of Claim 1 wherein providing operating power comprises receiving the operating power from at least one external appliance.

10 16. The method of Claim 1 further comprising providing and implanting more than one stimulator.

17. A method for treating a patient with chronic pain, comprising the steps of:  
providing at least one means for stimulating tissue;  
15 implanting the at least one stimulating means in or near at least one area of the spine responsible for sensations in a region experiencing chronic pain;  
providing operating power to the at least one stimulating means ;  
providing stimulation parameters to the at least one stimulating means;  
generating stimulation pulses in accordance with the stimulation

20 parameters; and  
delivering the stimulation pulses to nerves and tissue adjacent to the at least one stimulating means;  
wherein the stimulating means has a size and shape suitable for placement in or near the at least one area of the spine and has leads up to 150 mm long.

25 18. The method of Claim 17 wherein the body of the stimulator is no more than 150 mm from the nerve to be stimulated.

19. The method of Claim 18 wherein the at least one area of the spine  
30 comprises one or more of a dorsal nerve, a spinal nerve, a dorsal column, Lissauer's tract, the spinothalamic tract, and the ventral commissure.

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20. A method for treating a patient with chronic pain, comprising:  
providing at least one stimulator having at least two electrodes and at  
least one sensor;  
implanting the at least one stimulator in or adjacent to at least one area of  
5 the spine responsible for sensation in a region experiencing chronic pain;  
providing operating power to the at least one stimulator;  
using the at least one stimulator to sense at least one physical condition;  
determining stimulation parameters based upon the at least one sensed  
condition;  
10 generating stimulation pulses in accordance with the stimulation  
parameters; and  
delivering the stimulation pulses to nerves and tissue adjacent to the at  
least two electrodes;  
wherein the stimulator has a size and shape suitable for placement in or  
15 adjacent the at least one area of the spine.

21. The method of Claim 20 wherein the stimulation parameters are  
determined using at least one external appliance.

20 22. The method of Claim 20 wherein providing operating power to the at least  
one stimulator comprises receiving power from at least one external appliance

23. The method of Claim 22 wherein providing power to the at least one  
stimulator further comprises storing the power received from the at least one external  
25 appliance.

24. The method of Claim 20 further comprising providing and implanting  
more than one stimulator.